

# ALBERTA WORK SEARCH ONLINE



## » Brainstorming your network

**1** Under each of the headings provided, list as many people as you can think of. You'll be asking them for information about occupations, industries and specific employers. You're looking for referrals, support and advice.

**2** Highlight the names of those people you feel closest to or most comfortable contacting. Make your first networking calls or emails to them. As your network expands, add new contacts to your list.

Relatives and family friends

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Friends and their families

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Neighbours

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Acquaintances

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Parents of children's friends

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Professional association member

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Community contacts:

- Volunteer groups
- Religious organizations
- Community groups
- Parent associations

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Former teachers

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Others

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