

# Resources on alis for Persons With Disabilities

## Plan

Your Career

## Explore

Education & Training

## Look

For Work

## Succeed

At Work

If you're someone with a disability, these resources can help you negotiate your career and learn about rights, accommodations, and supports.

## Plan Your Career

- [Talking About Invisible Disabilities](#) Help when deciding about disclosing your invisible disability.
- [Youth: How to Get Supports If You Have a Disability](#) Your supports change when you turn 18. Find out about the supports and services you can get as an adult.

### Additional resources

- [550+ occupational profiles](#) Education, certification, working conditions, wage and salary ranges.
- [CAREERinsite](#) Explore career options based on your values, skills, abilities and interests.

## Explore Education and Training

- [Canada Pension Plan Disability Vocational Rehabilitation Program](#) Are you getting CCP disability benefits? This program offers vocational counselling, training dollars and job search services to help you return to work.
- [Duty to Accommodate Students with Disabilities](#) Check out this Alberta Human Rights Commission resource to learn more.
- [Your Disability at School and Work](#) Resources to help you communicate about your disability and deal with related issues.

### Additional resources

- [Explore School and Program Options](#) How to apply, paying for post-secondary, apprenticeship.
- [Prepare for Education and Training Opportunities](#) Explore your career options to help you choose a post-secondary or training program that reflects your strengths and interests.



## Look For Work

- [Entrepreneurs with Disabilities Program](#) If you live in Western Canada and you're looking to start or expand a business, you may be eligible for assistance.
- [Finding Work as a Person with Disabilities](#) and ["How can I find work as someone with a disability?"](#) Check out the answers.
- [Funding Opportunities for Persons With Disabilities](#) Help to obtain and maintain employment or self-employment.

- [Job Interviews for Persons with Disabilities](#) These suggestions can help you prepare.
- [Plan for Success: Tips for Job Seekers With Disabilities](#)
- [Self-Employment Planning for Individuals with a Developmental Disability](#) Match your skills and interests with appropriate self-employment opportunities.
- [What to Say About Your Disability and When to Say It](#)

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## Succeed At Work

- [Accommodations: Working With Your Disability](#) You may need workplace accommodations to be successful. Know what reasonable steps and employer has a duty to take to meet your needs.
- [Alberta Human Rights Commission](#) Helps Albertans resolve human rights complaints.
- [Disability-Related Employment Supports](#) The program helps Albertans with disabilities overcome barriers to employment.
- [Succeeding in the Workplace as a Person with a Disability](#) Suggestions for a smooth transition into a new workplace.

### Additional resource

- [Government Programs and Services](#) Financial support and assistance, health benefits, service dogs, daily living and housing supports.

## Inspire and Motivate

- [Community Disability Services \(CDS\)](#) Provides a comprehensive view of CDS across Alberta, including career paths, education advice, and regional agency links.
- [WORKink Alberta](#) A virtual employment resource for job seekers with disabilities, entrepreneurs with disabilities, Indigenous peoples with disabilities, employers and career practitioners.

## Videos

### High school student videos (also in French)

- [Chavo](#): Student with autism targets cooking as a career.
- [Kyrsty](#): Student with vision impairment aims for a journalism career.
- [Mario](#): Student with schizophrenia works towards studying computer technology.
- [Vicky](#): Student with cerebral palsy plans social work/psychology pathway.

### Post-secondary student videos (also in French)

- [Carly: Arts](#) Carly, with compulsive obsessive disorder, is successful as a university student.
- [Kim: Graduate Studies](#) With accommodations for her disability, Kim obtains a master's degree.

- [Mark: Disability Studies](#) Mark, with cerebral palsy, studies to become a disabilities specialist.
- [Renee: Psychology](#) A college student challenged with dyslexia aims to become a psychologist.
- [Wade: Psychology](#) Wade uses assistive technology to help him study at university.

### Look for work videos

- [Exploring Self-Employment Opportunities for Persons with Developmental Disabilities](#) Highlighted are 3 successful businesses and how they got started.
- [What Jobs are Available to Someone with a Disability?](#) Find available supports.

## Order Publications

- [Transition Planning Guide \(also in French\)](#) Designed specifically for Grades 9 – 12 students with disabilities (including their parents or caregivers), this guide provides information and strategies to help navigate the journey from high school to post-secondary education.



## Alberta Supports Centres

Located throughout Alberta, these centres offer information on occupations, career options, finding work, and education programs and funding. You can talk to a career and employment consultant, use phone and fax machines, and computers for job searches or word processing.