

Junior Forest Ranger Program

Personal Equipment List

Recommended gear for leaders and crew members

ITEMS MARKED WITH "☐" ARE ESSENTIAL, "○" ARE OPTIONAL
Maximum Storage Capacity per Member is 100L storage plus Backpack and Sleeping Bag)

No laundry services available during the eight days of training.

| | | | |
|--------------------------------|---|-----------------|--|
| FEET | <input type="checkbox"/> Steel Toe CSA Approved 8" Work Boots <input type="checkbox"/> Socks - light wool or cotton blend work socks <input type="checkbox"/> Runners - lightweight, for general use <input checked="" type="radio"/> Hiking boots (if work boots are not suitable) <input checked="" type="radio"/> Rubber boots, sandals/flip flops for showers <input checked="" type="radio"/> Gaiters | PERSONAL | <input type="checkbox"/> Backpack, large ~60L <input type="checkbox"/> Sleeping bag – -5 to -12°C; compact. <input type="checkbox"/> Pillow and pillow case <input type="checkbox"/> Sleeping Pad – self inflating or thin foam <input type="checkbox"/> Alarm clock or Watch <input type="checkbox"/> Sun block or 30+ SPF sunscreen <input type="checkbox"/> Personal toiletries (Biodegradable soaps preferred) <input type="checkbox"/> Towel and washcloth <input type="checkbox"/> Small flashlight or headlamp <input type="checkbox"/> AnaKit or EpiPen- if required by Doctor. <input type="checkbox"/> Personal prescription medication. <input type="checkbox"/> Personal identification <input type="checkbox"/> Health care number <input type="checkbox"/> Laundry detergent <input type="checkbox"/> Cup, Bowl, Spoon for camping overnight <input checked="" type="radio"/> Personal First-Aid kit for blisters, bites, etc <input checked="" type="radio"/> Whistle <input checked="" type="radio"/> Water bottle - 1L (We will provide 1) <input checked="" type="radio"/> Lip Balm <input checked="" type="radio"/> Sewing/mending kit <input checked="" type="radio"/> Laundry Coins (\$1, \$2, \$0.25) <input checked="" type="radio"/> Waterproofing agent for boots <input checked="" type="radio"/> Nylon stuff-sacks - two or three <input checked="" type="radio"/> Day pack <input checked="" type="radio"/> Liner for sleeping bag – easier to wash a liner than to wash sleeping bag. |
| LOWER BODY | <input type="checkbox"/> Underwear <input type="checkbox"/> Long underwear <input type="checkbox"/> Work pants – old pants, jeans <input type="checkbox"/> Rain pants – lightweight and waterproof <input type="checkbox"/> Bathing suit/shorts <input checked="" type="radio"/> Hiking pants – nylon/cotton blend <input checked="" type="radio"/> Wind pants - light, uncoated nylon <input checked="" type="radio"/> Belt | | |
| UPPER BODY | <input type="checkbox"/> Underwear top <input type="checkbox"/> T-shirts <input type="checkbox"/> Long-sleeved shirts <input type="checkbox"/> Thin wool/fleece sweater <input type="checkbox"/> Thick wool sweater or fleece jacket (two) <input type="checkbox"/> Rain jacket WITH hood <input type="checkbox"/> Sunglasses - with UV protection <input checked="" type="radio"/> Nylon windbreaker or windproof jacket | | |
| HEAD NECK HANDS | <input type="checkbox"/> Leather work gloves – (we provide 1 pair) <input type="checkbox"/> Hat <input type="checkbox"/> Wool/fleece mitts or gloves <input type="checkbox"/> Wool/fleece toque <input checked="" type="radio"/> Safety glasses CSA Approved (we provide one pair) | | |
| OTHER OPTIONS | <input checked="" type="radio"/> Fishing Rod and Tackle (and valid license) <input checked="" type="radio"/> Camera (restrictions are applied) <input checked="" type="radio"/> Journal and pen (strongly recommended) <input checked="" type="radio"/> Compass <input checked="" type="radio"/> Musical Instrument <input checked="" type="radio"/> Books <input checked="" type="radio"/> Binoculars <input checked="" type="radio"/> Cards/Other compact hobbies or games | | |

Important info:

- Equipment does not need to be new! Goodwill and second-hand stores often have an assortment of very functional wool and work clothing. Parents and grandparents can also be sources of warm wool clothing.
- Personal items should be marked with your name.
- Participants are recommended to leave their cellular phones, electronic devices and other valuables at home. Use of electronic equipment is limited/prohibited during work hours. The JFR program will not be responsible for any personal property that is lost, stolen or damaged during the program.
- 'Smellies' like lotions, tooth paste, lip balm, laundry detergent, etc. should be stored in a mesh bag or tote as they will be NOT be permitted in the tents for bear safety. A central, bear-safe, location will be identified for each crew.
- Rubbermaid style totes have been found to be an effective method of transporting/storing personal items. They have proven water and mice resistant, and can serve as shelves/tables in a pinch.