

**Junior Forest Rangers
Personal Equipment List**

Recommended gear for leaders and crew members



ITEMS MARKED WITH "☐" ARE ESSENTIAL, THOSE MARKED WITH "○" ARE OPTIONAL

Maximum 100 L storage, backpack, and sleeping bag per member.

<p>Head Neck Hands</p>	<p>☐ Hat ☐ Wool/fleece toque ☐ Wool/fleece mitts or gloves ☐ Leather work gloves (one pair provided) ☐ CSA Safety glasses (one pair provided) ☐ Sunglasses ○ Bug netting</p>	<p>Personal Gear</p>	<p>☐ Backpack (45L – 60L) ☐ Sleeping bag (-5 to -12°C & compact) ☐ Sleeping mat (self inflating or foam) ☐ Twin X – long bedding (fitted sheet, top sheet, pillow, and pillow case) ☐ Shower caddy (to bring toiletries from cabin to wash trailer) ☐ Personal toiletries ☐ Towel ☐ Sunscreen ☐ Headlamp or flashlight ☐ Mess kit (cup, bowl, spoon for out trips) ☐ Day pack ☐ EpiPan or AnaKit (if required) ☐ Health care number ☐ Personal prescription medication (if required)</p>
<p>Upper Body</p>	<p>☐ Base layer/thermal top (not cotton) ☐ T-Shirts ☐ Long-sleeved shirts ☐ Mid-layer sweater/jacket ☐ Thick wool sweater or fleece jacket ☐ Rain jacket</p>		<p>Other Options</p>
<p>Lower Body</p>	<p>☐ Underwear ☐ Bathing suit ☐ Base layer/thermal bottoms (not cotton) ☐ Work pants (worn under Nomex coveralls) ☐ Active/hiking pants ☐ Shorts ☐ Rain pants ☐ Belt</p>		
<p>Feet</p>	<p>☐ CSA steel toe 8" work boots or ○ CSA chainsaw boots ☐ Socks (light wool or cotton blend, crew or boot cut recommended) ☐ Running shoes ☐ Hiking boots/shoes ○ Sandals ○ Shower shoes</p>		

Important info:

- Equipment does not need to be new! Second hand stores, friends, and family often have an assortment of functional wool and work clothing.
- Work boots **must be** CSA approved. Chainsaw-specific boots (such as Vikings) are an OH&S requirement for chainsaw operation and are recommended if you are pursuing a career in forestry.
- The JFR program is not responsible for any personal property that is lost, stolen, or damaged during the program. Participants are recommended to leave valuable items at home.
- If there are any questions regarding this packing list, please contact your crew leaders! They have been working hard to plan your summer and have the best idea of what you might need to bring along.