

# Junior Forest Rangers

## Personal Equipment List

Recommended gear crew members.



ITEMS MARKED WITH “☐” ARE RECOMMENDED, THOSE MARKED WITH “○” ARE OPTIONAL

Maximum 100 L storage, backpack, and sleeping bag per member.

<p><b>Head Neck Hands</b></p>	<p>☐ Hat ☐ Wool/fleece toque ☐ Wool/fleece mitts or gloves ☐ Leather work gloves (one pair provided) ☐ CSA Safety glasses (one pair provided) ☐ Sunglasses ○ Bug netting</p>	<p><b>Personal Gear</b></p>	<p>☐ Backpack (45L – 60L) ☐ Sleeping bag (-5 to -12°C &amp; compact) ☐ Sleeping mat (self inflating or foam) ☐ Twin X – long bedding (fitted sheet, top sheet, pillow, and pillow case) ☐ Shower caddy (to bring toiletries from cabin to wash trailer) ☐ Lunch bag ☐ Personal toiletries ☐ Towel ☐ Sunscreen ☐ Headlamp or flashlight ☐ Mess kit (cup, bowl, spoon for out trips) ☐ Day pack ☐ EpiPan or AnaKit (if required) ☐ Health care number ☐ Personal prescription medication (if required)</p>
<p><b>Upper Body</b></p>	<p>☐ Base layer/thermal top (not cotton) ☐ T-Shirts ☐ Long-sleeved shirts ☐ Mid-layer sweater/jacket ☐ Thick wool sweater or fleece jacket ☐ Rain jacket</p>		<p><b>Other Options</b></p>
<p><b>Lower Body</b></p>	<p>☐ Underwear ☐ Bathing suit ☐ Base layer/thermal bottoms (not cotton) ☐ Work pants (worn under Nomex coveralls) ☐ Active/hiking pants ☐ Shorts ☐ Rain pants ☐ Belt</p>		
<p><b>Feet</b></p>	<p>☐ CSA steel toe 8” work boots or ○ CSA chainsaw boots ☐ Socks (light wool or cotton blend, crew or boot cut recommended) ☐ Running shoes ☐ Hiking boots/shoes ○ Sandals ○ Shower shoes</p>		

### Important info:

- This list provides suggestions on what to pack, you do not need to bring every item on this list.
- Equipment does not need to be new! Second hand stores, friends, and family often have an assortment of functional wool and work clothing.
- Work boots **must be** CSA approved. Chainsaw-specific boots (such as Vikings) are an OH&S requirement for chainsaw operation and are recommended if you are pursuing a career in forestry.
- The JFR program is not responsible for any personal property that is lost, stolen, or damaged during the program. Participants are recommended to leave valuable items at home.
- If there are any questions regarding this packing list, please contact your crew leaders! They have been working hard to plan your summer and have the best idea of what you might need to bring along. You can also email wf.jfr-alberta@gov.ab.ca with any questions.

# Junior Forest Rangers

## Personal Equipment List

Recommended gear for leaders



ITEMS MARKED WITH “” ARE ESSENTIAL, THOSE MARKED WITH “” ARE OPTIONAL

<p><b>Head Neck Hands</b></p>	<p><input type="checkbox"/> Hat  <input type="checkbox"/> Wool/fleece toque  <input type="checkbox"/> Wool/fleece mitts or gloves  <input type="checkbox"/> Work gloves (one pair provided)  <input type="checkbox"/> CSA Safety glasses (one pair provided)  <input type="checkbox"/> Sunglasses  <input type="radio"/> Bug netting</p>	<p><b>Personal Gear</b></p>	<p><input type="checkbox"/> Backpack (45L – 60L)  <input type="checkbox"/> Sleeping bag (-5 to -12°C &amp; compact)  <input type="checkbox"/> Sleeping mat (self inflating or foam)  <input type="checkbox"/> Twin X – long bedding (fitted sheet, top sheet, pillow, and pillow case)  <input type="checkbox"/> Shower caddy (to bring toiletries from cabin to wash trailer)  <input type="checkbox"/> Personal toiletries  <input type="checkbox"/> Towel  <input type="checkbox"/> Sunscreen  <input type="checkbox"/> Headlamp or flashlight  <input type="checkbox"/> Mess kit (cup, bowl, spoon for out trips)  <input type="checkbox"/> Day pack  <input type="checkbox"/> EpiPan or AnaKit (if required)  <input type="checkbox"/> Health care number  <input type="checkbox"/> Personal prescription medication (if required)</p>
<p><b>Upper Body</b></p>	<p><input type="checkbox"/> Base layer/thermal top (not cotton)  <input type="checkbox"/> T-Shirts  <input type="checkbox"/> Long-sleeved shirts  <input type="checkbox"/> Mid-layer sweater/jacket  <input type="checkbox"/> Thick wool sweater or fleece jacket  <input type="checkbox"/> Rain jacket</p>		<p><b>Other Options</b></p>
<p><b>Lower Body</b></p>	<p><input type="checkbox"/> Underwear  <input type="checkbox"/> Bathing suit  <input type="checkbox"/> Base layer/thermal bottoms (not cotton)  <input type="checkbox"/> Work pants (worn under Nomex coveralls)  <input type="checkbox"/> Active/hiking pants  <input type="checkbox"/> Shorts  <input type="checkbox"/> Rain pants  <input type="checkbox"/> Belt</p>		
<p><b>Feet</b></p>	<p><input type="checkbox"/> CSA steel toe 8” work boots (<b>mandatory</b>)  <input type="radio"/> CSA chainsaw boots  <input type="checkbox"/> Socks (light wool or cotton blend, crew or boot cut recommended)  <input type="checkbox"/> Running shoes  <input type="checkbox"/> Hiking boots/shoes  <input type="radio"/> Sandals  <input type="radio"/> Shower shoes</p>		

### Important info:

- Equipment does not need to be new! Second hand stores, friends, and family often have an assortment of functional wool and work clothing.
- Work boots **must be** CSA approved. Chainsaw-specific boots (such as Vikings) are an OH&S requirement for chainsaw operation and are recommended if you are pursuing a career in forestry. We run an optional chainsaw course for all leaders, and chainsaw boots are necessary for this.
- We reimburse up to \$300 total for boots, so keep your receipts if you buy any (chainsaw and steel toe).
- The JFR program is not responsible for any personal property that is lost, stolen, or damaged during the program. Participants are recommended to leave valuable items at home.
- If there are any questions regarding this packing list, please feel free to ask! Email wf.jfr-alberta@gov.ab.ca or phone 780.405.7483